HOW TO REACH THE OBJECTIVES

1. With the development and publication of tools – Guides and training materials – developed through a participatory process including teachers and those responsible for curriculum development and implementation, and on the other hand, actors of international cooperation in Health, Nutrition and Well-being. This approach ensures both the relevance and coherence of the tools developed for Member States in coordination with the work of our international partners on these topics.

2. Through technical support to countries that request it to implement Health Education, Well-being and Nutrition in curricula and schools.

3. Through the implementation of a pilot to create Health and Well-being Promoting Schools to support a limited number of schools in countries interested in introducing this approach in their countries.

WHERE WILL UNESCO-IBE INTERVENE?

The project activities will initially target Central and West Africa: Benin, Burkina Faso, Cabo Verde, Côte d’Ivoire, Gambia, Ghana, Guinea, Guinea-Bissau, Liberia, Mali, Niger, Nigeria, Senegal, Sierra Leone, and Togo. The pilot may be extended to all continents at the request of interested countries.

WITH WHOM WILL UNESCO-IBE INTERVENE?

Our partners:

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Health, well-being and nutrition

Transforming curriculum today to build the education of tomorrow
Healthy learners learn better in a school space that promotes well-being, as it keeps on being demonstrated. On the contrary, poor physical and/or mental health and an insecure, discriminatory, or violated learning environment can have a detrimental effect on both school attendance and learning outcomes. The COVID-19 pandemic has only reinforced this understanding of the interrelationship between education and health, as well as the need for a more comprehensive and coordinated approach to school health across sectors.

Building on its experience in education reproductive health, HIV and AIDS, the IBE aligns with UNESCO’s Strategy on Education for Health and Well-being [2022]. It aims to improve health and education outcomes for all learners by supporting formal education sectors to adopt a systemic approach to school health and well-being.

The IBE focuses its intervention on the integration of Health, Well-being, and Nutrition at all levels of the curriculum – from its general orientation to classroom practices – for the development among learners, teachers, and all actors in the school space of solid scientific and socio-emotional skills that can contribute to:

End HIV/AIDS and risky behaviors.

Develop resilience and improve the physical, mental and emotional health and well-being of all children and young people by combating malnutrition, risky behaviors, discrimination, violence (gender and sexual), and bullying in schools.

OBJECTIVES

To achieve these objectives, the IBE works to:

I. Support the integration of Health, Well-being and Nutrition Education into the curriculum through the development of tools and regional expertise that can accompany Member States in this process.

II. Equip Member States for the implementation of Health, Well-being and Nutrition Education in classrooms by training curriculum experts, teacher trainers, and teachers themselves in the deployment of these topics using active pedagogies adapted to the development of psychosocial skills.

III. 3. Equip and support Member States in creating schools Promoting health and well-being as part of a joint initiative between UNESCO and WHO launched in 2020.